

6. CHALLENGES AND OVERCOMES OF WOMEN EMPOWERMENT

Miss. Soniya Yadav and Prof. Samruddhi Chepe

ABSTRACT

Women's empowerment is the way or a social action in which women elaborate and recreate what it is to be in a circumstance that they previously were denied. Empowerment can be defined in many ways, however, when talking about women's empowerment, empowerment means accepting and allowing people (women) who are on the outside of the decision-making process into it. "This puts a strong emphasis on participation in political structures and formal decision-making and, in the economic sphere, on the ability to obtain an income that enables participation in economic decision-making." Empowerment is the process that creates power in individuals over their own lives, society, and in their communities. People are empowered when they are able to access the opportunities available to them without limitations and restrictions such as in education, profession and lifestyle. Feeling entitled to make your own decisions creates a sense of empowerment. Empowerment includes the action of raising the status of women through education, raising awareness, literacy, and training. Women's empowerment is all about equipping and allowing women to make life-determining decisions through the different problems in society.

Key Words: Women Empowerment, Education, Health, Laws Protecting Women

Introduction:

Women empowerment is a biggest issue in India. The literacy rate is low in case of women than the men. Empowerment of women is essentially the process of upliftment of economic, social and political status of women, the traditionally underprivileged ones, in the

society. Women empowerment is a term that is used to encourage, inspire and celebrate women. It is also used to celebrate.

The term "women Empowerment" refers to empowering women with education employment, decision making, and better health in view of an equal and

just society. Women Empowerment is a process to make the women financially independent, educated and progressive, enjoying a good social status. Women since ages have been struggling to be socially and professionally recognized as equivalent to men. There are many incidents in a woman's personal and professional life, where her abilities are undermined against that of man's; having an adverse effect on her overall personality and hampering her growth.

Objectives of the study

- 1.To know the need of Women Empowerment.
- 2.To spread the awareness of Women Empowerment.
3. To study the challenges of Women Empowerment
4. To know the challenges faced by women.
- 5.To reduce the obstacles of Women Empowerment.
6. To offer useful suggestions in the light of finding.

Challenges of women empowerment

There are several challenges of women empowerment in India .This challenges are effect on woman's life which is not ignorable for the development of the nation.

1. Education: Women can be empowered when they are literate and educated. Education is the key to unlock the golden door of freedom for development. The literacy rate for males and females works out to 82.14% and 65.46% respectively.

2. Health: Women's are always sacrifice their health for the families. In most of the families are not aware of the women health. Its also be a fact of women empowerment in India.

3.Safety:Women safety has to be our priority .It's important for everyone .In Telangana ,a 22 years old woman was killed by her parents for marrying a man outside of her caste .There are many such stories happening in different part of India where women are being killed.

4. Poverty: Poverty is the biggest challenge for women empowerment in India. Two third of people in India live in poverty 68.8% of the Indian populations lives on less than \$2 a day. Over 30% even have less than \$1.25 per day available-they are considered extremely poor. This makes the Indian subcontinent one of the poorest country in the world; women and children, the weakest member of Indian society, suffer most.

5. Lack of women in position of power: One of the struggles that underlies all of our policy battles is the continued lack of the women in positions of power from corporate boardrooms, to the courts and political leadership around the world, the lack of women in senior positions continues to stymie progress on issue from pay to humanitarian aid to discrimination in all its forms. The sooner we understand that the lack of women in leadership roles holds back not only women but all people the sooner will be able to advance society as a whole.

6. Household inequality: Household relations show gender bias in infinitesimally small but significant

manners all across the globe, more so, in India, e.g. sharing burden of housework, childcare and menial works so called division of work.

7. Crimes against women: Women face several types of crimes such as rape, kidnapping, Dowry, owner killing, Domestic violence, sexual harassment, female foeticide, child marriage, abortion, etc.

Role of School in Women Empowerment

Female empowerment all goes back to creating a school environment that allows girls to be themselves, feel comfortable to fail and learn from mistakes. While academic accomplishment is vital, school have a role to nurture students so they can become well-rounded and compassionate individual.

A girl and women can be present in school in different capacities, as teacher, principal, student, peon and other staff. She needs to look at her role whatever capacity she finds herself. If she is a student, she has to present herself in

an adequate manner so as to earn heartfelt respect from all others including boys. School provide equality, awareness in education, different opportunities to girls and women, that's why school is play important role in women empowerment.

Needs of women empowerment

The need for women's empowerment is felt because of the status they have in society since the beginning. There is a need to redefine the status of women in the society. A change can be brought through the constitution and supportive legislations .The Constitution of India gives a women status equal to men. There have been attempts to reserve seats for women in political bodies. This is no doubt a step in the right direction. Women have the ability to judge for themselves and take right decisions

Women empowerment has to begin with women's active

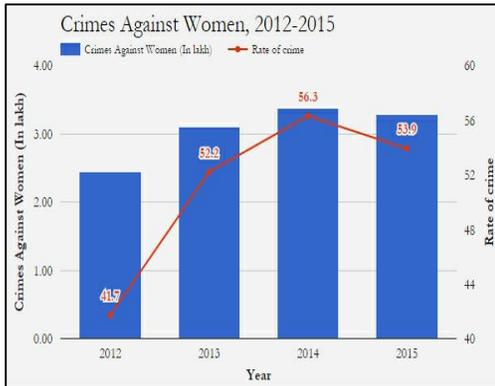
participation. Unless women throw off the shackles that ignore their talent, skill and spirit women through education and economic self-reliance, cannot be empowered. Unless they are empowered to take a decisive part in the social, political and economic life of the country the very development of the country will be lop-sided.

Present fact in India

In November 2019, the gang rape and murder of a 26-year-old veterinary doctor from Shamshabad in Hyderabad sparked outrage across India. Her partially burnt body was found under Chatanpalli bridge in Shadnagar on 28

November 2019. She was raped and killed the day before the discovery of her remains. It's dangerous fact in India against women.

Crime rate against women



Overcome the challenges of women Empowerment

1. Create a safe space: In country like India women safety is a very significant aspect to be considered as rape cases are increasing day by day which is making the parents worry about the girls safety and resulting in not sending the girl child for attending colleges.
2. Support Independence and Mobility: Indian society is a male dominant society, independence to girls is not provided specially in rural areas which is intern posing threat to women's freedom resulting increase of illiteracy.
3. Teach women to read: Informing women about the

various government schemes for education and initiatives by NGO'S working for women education can contribute in women's education.

4. Build self-esteem and confidence: Motivational and personality development sessions should be organized by the Govt. For the women for boosting up their confidence and self-esteem.
5. Teach job skills and business skills: Workshop related to Entrepreneurship by business experts should be conducted and internship should be organized for the women so that it can contribute for the women empowerment.
6. Impact health and build networks: Free health check up should be organized for the women and proper network that is internet connectivity should be made available for women empowerment.

Suggestions:

1. We need to change mentality of the society for the women's and their education.
2. Government must strongly provide safeguard to be women for their betterment.
3. Educational Institutions should provide transport facility to the women who aspire for getting education.
4. Government must implement their laws for the women empowerment in the country.
5. Government should provide scholarship for the women education for their financial support.
6. We can spread awareness about women's education.
7. Motivating the women for seeking education can contribute for the empowerment.

10 laws that protect women and their rights:

1. The prohibition of child marriage Act, 2006.
2. Special marriage Act, 1954.
3. Dowry prohibition Act, 1961.
4. Indian Divorce Act, 1969.
5. Maternity benefit Act, 1861.
6. Medical termination of pregnancy Act, 1971.
7. Sexual harassment of women at work place Act, 2013.
8. Indecent representation of women (prevention) Act, 1986.
9. National commission for women Act, 1990.
10. Equal Remuneration Act, 1976.

Conclusion

“When women moves forward the family moves, the village moves and the nation moves”. It is essential as their thought and their value system lead the development of a good family, good society and a good nation. Women empowerment will be real and effective only when they are endowed income and property so that they may stand on their feet and build up their identity in the

society. Women has become one of the most important concern of 21st century at national and international level.

References:

1. Pachauri Girish, Dangwal Amita, (2018), Gender School and Society, R.Lall Publishers and distributors, Meerut(India)

2. Trivedi Ojha Vinoti, (2018), Gender Scholl And Society, Agarwal Publications, Agra.
3. https://en.m.wikipedia.org/wiki/Women%27s_empowerment
4. <https://www.globalgiving.org/projects/provide-literacy-amongst-women-in-india/reports/>

Name of First Author: Miss. Soniya Yadav.

Designation of first author: M.Com, B.Ed. Pursuing

Email address of first author: soniyadav12356@gmail.com

Name of Second Author: Prof. Samruddhi Chepe

Designation of Second author: Ashoka International Center for Educational Studies and Research, Nashik.

Email address of Second author: samruddhichepe@gmail.com

Cite this article:

Yadav, S., V., Chepe, S., (2020). Challenges And Overcomes Of Women Empowerment. *Journal of Social & Scientific Research*, 5(IV), 33-39.